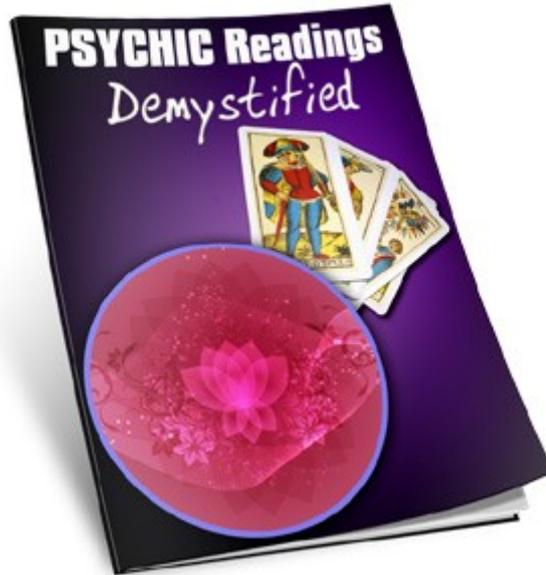


Psychic Readings Demystified



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Introduction

Welcome to *Psychic Readings Demystified!*

This guide is for you if...

- You are curious about psychic readings.
- You are interested in trying out a psychic session, but don't know what to expect.
- You have ever had a psychic reading that did not relate to your life at all.

Inside, you'll discover the secrets of having a fantastic psychic reading that can benefit your life on every level. You will no longer be in the dark about this exciting self-help method. You'll know what to really expect from a psychic reading, what scams to stay away from, and how to ensure you get the best reading possible.

Let's get started...

What is a Psychic Reading?

A psychic reading is a consultation with a person who uses their psychic abilities to deliver insightful and revealing information about your life. Psychics usually examine a key area, such as a career or a relationship, and convey their impressions and observations.

A reader will use their psychic abilities to provide you with insights and perspectives that you may have trouble accessing on your own. Psychic abilities come in all shapes and forms. For example, psychics can be clairaudient (hearing), clairvoyant (seeing), or clairsentient (feeling). They can also specialize in divination, channeling and other types of readings. In fact, many psychics will have a specialty, or an area of expertise.

Psychic readers are often called Intuitives, because they rely on their intuition to access information. Whatever their name or label, psychic or intuitive readers can provide additional perspective and insight into situations where wisdom is hard to find. Many will look not only at the present, but also at probable future outcomes. Divination, or reading the future, is a centuries-old practice and is often what most people think of when they think of psychic ability.

Psychics often use tools to help them access their abilities. One of the most popular tools is the Tarot. In the hands of an experienced reader, the Tarot deck can deliver accurate and insightful information, even when used by those with little or no psychic ability. Many readers say their intuitive abilities are enhanced when reading the cards. This is because the Tarot is rich in imagery and can often trigger psychic impressions and associations.

Tarot study has seen an explosion of popularity and interest in the last twenty years. There are many decks to choose from and, along with the traditional Tarot deck, there are now many other types of cards that are used for readings, such as Angel Cards. Anyone can learn to read the Tarot. Like most skills, it just takes consistent practice and the desire to learn.

How Do Psychic Readings Work?

This is a good question, and probably has as many answers as there are types of psychic readings. Psychic ability is often explained by the fact that psychics read vibration or energy patterns and are able to tune into these patterns when they are focused on someone, even if they are only communicating with them by phone or email.

Psychics are better at reading energy than the general population are, but all people are much more intuitive than is commonly thought. In fact, with training and practice, many people are capable of picking up impressions and information they have no immediate access to. For example, the military and other government agencies have successfully trained people to use remote viewing techniques, allowing people to see and describe things at a place where they were not physically present.

In the future, many abilities that are currently considered psychic in nature may one day be recognized as one of the known human senses. Scientists know that there are much more than five senses, and that the human body is capable of receiving and processing information at a subconscious level. Many psychic readers have access to these abilities and can bring the information to a more conscious level.

Which type of reading is right for you?

Psychic readings have grown in accessibility and popularity. It is now possible to get a reading not only in person, but over the telephone, through email, and even by Internet chat.

An in-person reading can often be the most cost-effective, as you are paying a flat rate for the reading. However, it may not be convenient to reach a psychic from where you live, or on your time schedule.

An alternative is to have a reading over the phone or through an Internet chat service, and both methods are popular. A phone reading may be easier to focus on than a chat, as you won't need to be viewing the information and responding. However, many people like the interactivity of chat readings as well.

All types of readings have their pros and cons. It's a good idea to experiment and see what you are most comfortable with before you choose the one for you.

Benefits of a Psychic Reading

There are many benefits to be had from a psychic reading, such as:

- Readings provide an opportunity for increased self-knowledge. A reading can uncover areas for additional self-improvement and hidden desires and goals.
- A reading can alleviate tunnel vision. When making an important decision, it can be difficult to look past owned viewpoints and foregone conclusions. Helpful information and ideas will often surface during a psychic reading session which allows for better decision making.

- Readings can open up your own intuition and guidance. Simply by asking for guidance, you open yourself to your inner voice.
- A reading can show you when you are on the right track. Often, people give up too easily on their dreams because they are not seeing immediate results. A psychic reading can show you what you are doing right and increase confidence in your own abilities.

Characteristics of a Good Psychic Reader

- Good readers have several characteristics in common. A good reader will ask you a few questions before they get started on your reading. Most commonly, they will ask your name and date of birth, and if you don't volunteer any information, a good reader will ask some questions to see what area of your life they should focus on.
- A good reader wants to concentrate on what you really want to know, and not waste your time and money on irrelevant information. Most readers will just need an area of focus to get started.
- Another characteristic of a good reader is that their focus stays on you, the client. While you may have questions about your relationship with another person, a good psychic will keep the focus on where it belongs – you. They will keep the reporting of unrelated information about other people in your life to a minimum.
- A good psychic will empower you to make better decisions. They realize that you are not a passive player in your life and that there are many goals and opportunities for self-improvement. They will encourage you to focus on your goals and give you suggestions and ideas for better living.
- A good reader will not encourage dependency. They will not encourage you to contact them daily, or discourage you from making decisions without them. They will encourage you to develop your own intuition and the ability to hear your inner voice.

How to Choose a Good Psychic Reader

It can be difficult to determine who is a good psychic and who isn't, especially with a first-time reading. Many readers will offer a mini-reading or a few minutes free for first-time customers. This may give you an opportunity to see if you connect with them, but will probably not be enough time to make a complete decision about their capabilities. Some additional tips for choosing a good reader are:

- When choosing a psychic, take a look at their online profile. This is their calling card and their face to the world. You should take the time to pick one that resonates with you.
- Take a close look at the language they use. Do they communicate with thoughtful and specific language for their services? Readers who use vague, overblown, or generic language in their profile often have similarly vague and generic readings.

- Take a look at their comments and ratings. Look for a variety of people reporting back with positive updates. A reader with many different clients, not just the same handful over and over, is a positive sign. A range of repeat clients is another positive indicator, as it signifies that they were happy enough with the reading to pay a return visit.

Getting the Best Psychic Reading

Believe it or not, a psychic reading is a two-way street. Your mind needs to be open to receive the information and insights that the reader is providing to you. Some tips to getting a great reading are:

- Try to ground and center yourself before a reading. Take a few deep, slow breaths in and out before you start the reading. If you can take a step back from your issues, you will be able to be more open to additional insights.
- Stay objective. Communicating with a psychic is not a quick fix for all your problems. Think of it more as an information-gathering expedition. Be objective about the problem, and let yourself hear any and all solutions and suggestions.
- Let the reader know what you want to cover at the beginning. Because you are paying for their time, you want them to start out with what is most important to you. The more specific your questions, the more specific the answers you receive will be.
- Take notes. While you may not be able to write down everything the psychic says, if you are doing an Internet chat or email session you will have the communication already in writing. You should save this by copying and pasting it into a separate document so you can refer to it later. If you are doing a face to face or a telephone reading, make sure to have a computer or paper handy so you can type or write notes before you begin. Also, as soon as your session is finished, write down any additional information you think might be helpful.

After the Reading

- The reading isn't over when the psychic stops speaking. You will want to refer back to the reading at a later date. The best way to do that is, as I said, to keep notes.
- Information and insights can emerge over the next few days, or even weeks. Open your notes and add to them when you receive any insights or confirmation about what was related in the reading. This is also important if you decide you want to have another follow-up visit with the psychic.
- Because our memories can be fuzzy, being able to refer back to a log or notes of the session makes it much easier when it comes to re-evaluating a psychic reader.

Psychic Reading Misconceptions

There are many misconceptions and misnomers when it comes to psychics and psychic readings. Unfortunately, many unethical 'readers' also perpetuate stereotypes and fallacies. In order to get the most out of your reading, avoid these common misconceptions:

- Misconception #1: ***True psychic readers see and know all.*** Psychic readers, like everyone else, have different strengths and abilities. Although they have refined their abilities through practice, that doesn't mean they are infallible. One reader, for example, may be able to provide guidance regarding your career, while another can offer valuable relationship insights. The idea that, if a person was truly psychic they would be rich because they would know the outcome of the stock market, shows a misunderstanding of how psychic abilities work.
- Misconception #2: ***Psychic readings are all about predicting the future.*** Divination is only one psychic skill among many. Psychics and Intuitives are reading and picking up on the energy and vibrations that are currently available to them. When psychics are looking into the future, they are seeing a probable outcome based on their current reading of the vibrations and energies in the present.
- Misconception #3: ***Psychic readings are set in stone.*** Human beings have free will and are not passive pawns in the game of life. Although a psychic may make conclusions based on energy, that energy can change, and so can the probable outcome.

Avoiding Scams

Most readers are ethical, and many readers follow a specific code of ethics that will be posted on their website or profile. However, there will always be people who take advantage of others when they are at their most vulnerable.

- To spot and avoid these scams, be very careful of readers who are consistently overly negative or overly positive in their readings. Many unethical readers will focus on the negative situations in your life, magnifying their importance and minimizing any solutions. These types of readers want to keep you in a state of fear so you will contact them repeatedly.
- Conversely, there are also readers who consistently paint a rosy picture of every single problem working out wonderfully – “all you have to do is sit back and relax.” These readers tend to make you feel great in the short term, so you will leave them positive feedback, but they don't provide substantial information.
- Be especially wary of readers who offer additional services such as spell casting or cleansing. Many unethical providers will make outrageous promises and peddle additional services to people who are looking for an easy solution to their problems. These readers will tell you that they can solve all of your problems if you purchase additional services, like spell casting, through them. If a reader suggests an additional service that costs extra during your reading, don't walk away, run.

How Much Should You Pay For A Psychic Reading?

Psychic and intuitive readers vary widely in their fees. Some readers charge a set time per session, others charge a rate per minute, and some charge for a specific block of time. One thing is certain, paying more money is not going to always get you a better reading.

If you want a long in-depth reading, it's better to pay for a session or a block of time. Make

sure you stick to a budget. One to three dollars a minute is a fair price to pay for a reading, although more established psychics may charge more.

Conclusion

Receiving a psychic reading can be a lot of fun and can provide you with many insights and opportunities for self-growth. However, it pays to be a discriminating shopper when it comes to paying for a reading.

By keeping these tips in mind, you can save money and also find the right psychic for you. I hope that this information prepares you to get a quality psychic reading that will enhance your life.

Recommended Psychic Reading Services:

We have looked at many psychic services and chosen some of the **very best** for getting a psychic reading. Depending on what type of reading you prefer, whether it be via *live video*, on the *telephone*, or even via *email*, the psychic services below will be able to help you...

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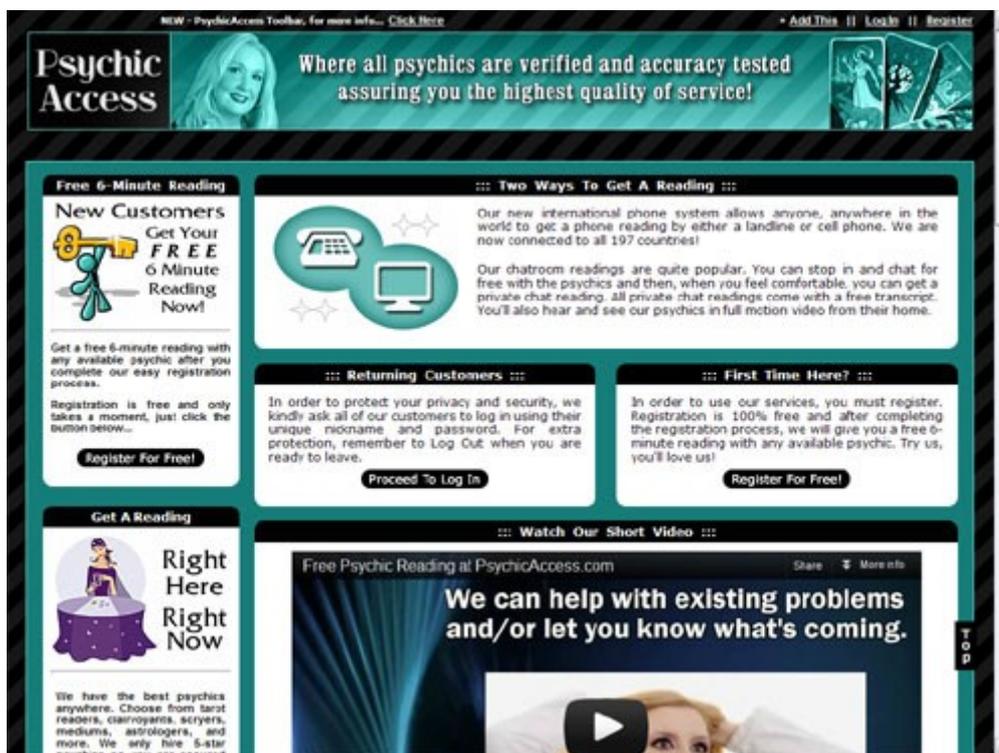
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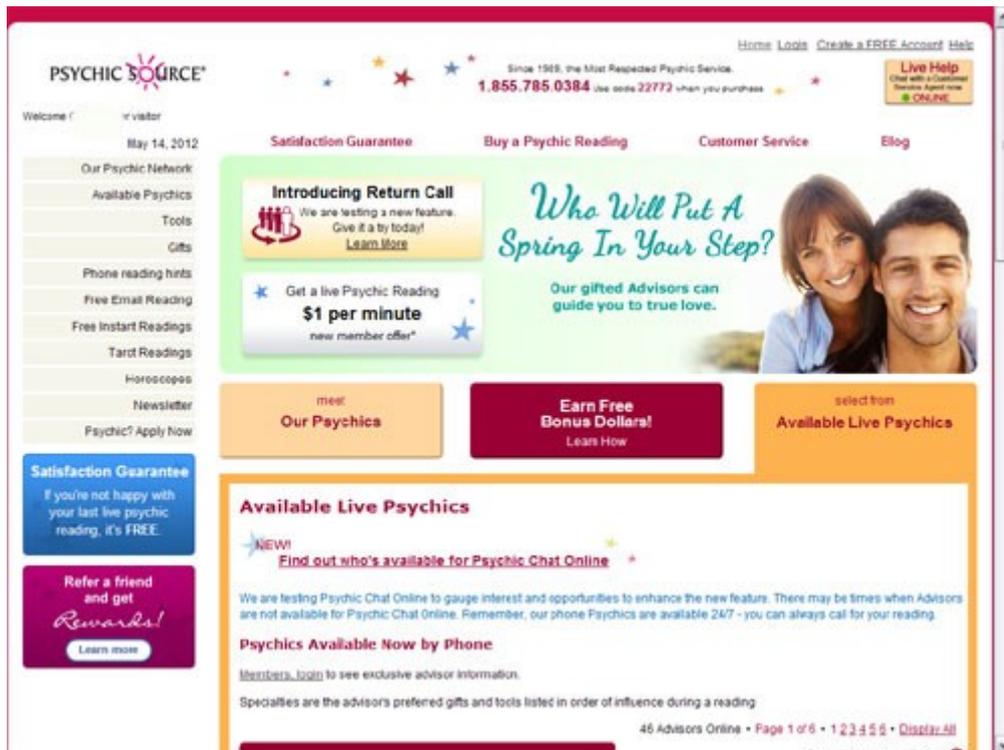


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